

Dear Members,

In light of the current Coronavirus outbreak we are suspending (until further notice) all internal competitions and organised tennis, in line with current advice from Tennis Australia and Tennis Victoria.

All external competitions, i.e. PTA and Bayside have also been suspended

The tennis courts will be available for members to access. We strongly recommend that anyone who chooses to use the courts should play in accordance with the health recommendations detailed below

COVID-19 Community Tennis Guidelines for Continued Play

We can all take a few steps to minimise the effects of COVID-19 while still enjoying our time on the court.

Before you play

Stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas or exposed to someone with COVID-19 in the last 14 days
- Have flu-like symptoms
- Or are in a high risk health category, for example elderly or have a pre-existing medical condition.

Attending tennis activities

- Only people core to playing should attend tennis activities such as players, participants, coaches and operational personnel
- Arrive and leave as close as possible to when you need to be there
- Only one parent/guardian should accompany younger children where possible.

Social distancing

Tennis holds a unique advantage as a sport which requires no direct contact between players. You can also:

- Touch racquets instead of the regular pre or post match handshakes
- Keep 1.5 metres away from other people while watching or attending an outdoors tennis activity and avoid close contact by moving around indoors
- Only players, officials and essential staff should be allowed in changerooms and clubhouses.

Behaviours

To protect against infection, you should:

- Wash/sterilise your hands before and after you play and avoid touching your face while playing
- Not share water bottles and bring your own full bottle
- Wash your hands frequently with soap and water or hand-sanitiser when available, before and after eating, after going to the toilet
- Cover your coughs and sneezes and dispose of any used tissue immediately
- Avoid touching your face
- Keep your distance from people who are obviously sick
- Be aware of what surfaces you touch.

On behalf of the tennis club, I hope you and your family are well and remain healthy through this difficult time. I hope that sooner rather later, all aspects of life can revert to normal and we can return to playing the game we love



Peter Dawson

President - Langwarrin Tennis Club 0424 647 579